

Hudson County Resource Guide

Resource Guide Key:

- [Food Resources](#)
- [Healthcare Resources](#)
- [Housing Resources](#)
- [Legal & Financial Resources](#)
- [Resources for Families & Children](#)
- [Resources for Seniors](#)

Food Resources				
Organization	Resources	Website	Phone number	Location
Bayonne Economic Opportunity Foundation	Food, Public Services, Legal Services	http://beof.org/	201-437-7222	555 Kennedy Boulevard Bayonne, NJ 07002
Canaan House	Food, Housing, Health Services, Addiction Services, Mental Health, Case Management	http://www.ccannj.com/canaan_house.php	201-434-3939	590 N 7th St, Newark, NJ 07107
C.A.U.S.E. Center	Food	https://www.foodpantries.org/li/c.a.u.s.e_07306	201-432-2824	741 Bergen Avenue, Jersey City, NJ 07306
Cavalry Kitchen	Food	https://www.facebook.com/calvarycmnj/	201-434-6070	25 Oak St, Jersey City, NJ 07304
City of Hope International Church- Renaissance Food Pantry	Food	https://cohic.com/	201-998-9460	135 Highland Avenue, Kearny, NJ 07032
Covenant House	For Youth: Housing, Food, Clothing, Mental Health, Job Services	https://www.covenanthouse.org/homeless-shelters#newark	973-621-8705	330 Washington Street Newark, NJ 07102-2630

Department of Health - Kearny	Food, Health Services, Transportation	https://www.kearnynj.org/health-department/	201-997-0600	645 Kearny Ave, Kearny, NJ 07032
Garden State Episcopal Community Development, Inc.	Housing, Addiction Services, Food, Utilities Assistance	https://gsecdc.org/	201-604-2600	514 Newark Avenue, Jersey City, NJ 07306
Goodwill Rescue Mission	Food, Job Services, Clothing, Addiction Services, Housing	https://www.grmnewark.org/	973-621-9560	79 University Avenue, Newark, NJ 07102
Gospel Tabernacle Church	Food	http://gospeltab.org/	201-863-1000	5029 John F. Kennedy Blvd, North Bergen, NJ 07047
Guttenberg Senior Citizen Department	Food	https://www.guttenbergnj.org/Departments/senior-citizen-department	201-868-2315, ex. 152	7005 Blvd East Guttenberg, NJ 07093
H.I.G.H.W.A.Y.S.	Food, Clothes, Job Services, Mental Health	http://www.trinityparishbayonne.org/highways-social-services-and-thrift-store	201-471-2635	155 Broadway, Bayonne, NJ
Heightened Independence and Progress	Housing, Food, Health Services	https://www.hipcil.org/	201-533-4407	35 Journal Square Plaza, Suite 703, Jersey City, NJ 07306
Hoboken - Division of Senior Services	Food, Health Services, Transportation	https://www.hobokennj.gov/departments/senior-services	201-420-2054	124 Grand Street, Hoboken, NJ 07030
Hoboken Shelter	Food	https://hobokenshelter.org/	201-656-5069	300 Bloomfield Street, Hoboken, NJ 07030
Hudson County American Red Cross	Housing, Food	https://www.redcross.org/	973-797-3300	257 Cornelison Ave, Jersey City, NJ 07302
Jewish Family Service of MetroWest NJ	Food, Case Management, Mental Health	https://www.jfsmetrowest.org/	973-765-9050	256 Columbia Turnpike, Suite 105, Florham Park, NJ 07932

Let's Celebrate	Housing, Food	https://rentassistance.org/program/lets_celebrate_jersey_city_nj.html	201-433-5438	46-48 Fairview Avenue Jersey City, NJ 07304
Market Street Mission	Housing, Food, Clothing	https://www.marketstreet.org/	973-538-6337	9 Market Street Morristown, NJ 07960
NJ Citizen Action	Tax Preparation, Health Services, Fair Housing Investigations, Financial Counseling, Housing Counseling	https://njcitizenaction.org/	973-643-8800	625 Broad Street, Suite 270, Newark, NJ 07102
North Hudson Community Action Corp	Food, Housing, Job Services, Case Management	https://nhcac.org/	201-210-0200	Various locations
Old Bergen Church – Deacon's Food	Food	http://www.oldbergenchurch.com/outreach/food-pantry/	201-433-1815	1 Highland Avenue, Jersey City, NJ 07306
Our Lady of Sorrows / The Mary House Emergency Food Pantry	Food	https://www.olsnj.org/food-pantry	201-433-0626	95 Clerk St, Jersey City, NJ 07305
PACO	Housing, Food, Health Services, Vocational Training, Support for public Services, Transportation	https://pacoagency.org/	201-963-8282	390 Manila Avenue Jersey City, NJ 07302
Palisades Emergency Residence Corp (PERC)	Housing, Food	https://www.percshelter.org/	201-348-8150	111 37th Street, Union City, NJ 07302 (Food pantry and shelter) 108 36th Street, Union City, NJ 07087 (Main office)
Saint Aloysius Food Pantry	Food	https://www.staloysiuschurch.com/	201-433-6365	691 West Side Avenue Jersey City, NJ 07304

Saint Joseph's Home/York Street Project	Housing, Food, Job Services, Mental Health, Case Management	https://yorkstreetproject.org/	201-451-9838	89 York Street, Jersey City, NJ 07302
Salvation Army Corps Community Center	Food, Clothing	https://easternusa.salvationarmy.org/new-jersey/jersey-city/	201-435-7355	562 Bergen Ave, Jersey City, NJ 07304
Salvation Army of Greater Kearny	Food	https://newjersey.salvationarmy.org/NewJersey/kearny	201-991-1115	28 Beech St, Kearny, NJ 07032
Secaucus – Department of Social Services	Food, Health Services	https://www.secaucusnj.gov/departments/social-services/	201-617-5917	145 Front Street Secaucus, NJ 07094
Secaucus Emergency Food Pantry	Food	https://secaucusnj.gov/departments/social-services/	201-330-2014	101 Centre Avenue, Secaucus , NJ 07094
Senior Services in Harrison	Food	https://townofharrison.com/204/Senior-Citizens	973-268-2463	221 Harrison Avenue, Harrison, NJ 07029
St. Matthew Trinity Lutheran Church	Housing, Food	https://www.stmatthewtrinity.org/	201-659-4499	798 Hudson St, Hoboken, NJ 07030
St. Paul's Lutheran Church Sharing Place Food Pantry	Food	https://www.thesharingplaceenj.org/	201-963-5518	440 Hoboken Ave, Jersey City, NJ 07306
The Light Food Pantry	Food	http://www.parkchurchweehawken.com/the-light.html	201-867-9161	51 Clifton Terrace Weehawken NJ 07086 (Currently Remote)
Trinity Lutheran Food Pantry	Food	https://www.trinityjerseycity.com/	201-435-9807	195 Claremont Ave, Jersey City, NJ 07305
Urban Renewal Corporation	Housing, Legal Services, Case Management, Health	http://www.urbanrenewal.org/	973-522-0544	53 South Hackensack Avenue, Kearny, NJ 07032

	Services, Job Services, Addiction Services			
Weehawken Housing Authority	Housing, Food	https://www.weehawken-nj.us/departments/housing-authority	201-319-6005	400 Park Avenue, Weehawken, NJ 07086
Woodcliff Community Church Harvest Food Pantry	Food	https://www.woodcliff.org/	201-869-4555	7605 Palisade Ave, North Bergen, NJ 07047
YMCA of Bayonne	Housing, Food	https://www.countyoffice.org/bayonne-ymca-bayonne-nj-5ef/	201-339-2330	259 Ave E, Bayonne, NJ 07002

Healthcare Resources				
Organization	Resources	Website	Phone number	Location
Bayonne Community Mental Health Center	Addiction Services, Mental Health	http://www.bayonementalhealth.org/	201-339-9200	601 Broadway, Bayonne, NJ 07002
Bayonne Medical Center	Mental Health	https://www.carepointhealth.org/location/bayonne-medical-center/	201-858-5000	29 E 29th Street Bayonne, NJ 07002
Bridgeway Crisis Intervention Services	Mental Health	https://www.bridgewayrehab.org/services.hudson.crisis-intervention.html	201-885-2539	152 Central Avenue Jersey City, NJ 07306
Canaan House	Food, Housing, Health Services, Addiction Services, Mental Health, Case Management	http://www.ccannj.com/canaan_house.php	201-434-3939	590 N 7th St, Newark, NJ 07107
Care Point Health Christ Hospital	Health Services, Transportation	https://www.carepointhealth.org/	201-795-8200	176 Palisade Avenue Jersey City, NJ 07306
C-Line Community Outreach Services	Addiction Services	http://c-linenj.yolasite.com/	201-200-1965	110 Martin Luther King Drive, Jersey City, NJ 07304

Department of Health - Kearny	Food, Health Services, Transportation	https://www.kearnynj.org/health-department/	201-997-0600	645 Kearny Ave, Kearny, NJ 07032
Diocese of Newark - Catholic Charities	Housing, Health Services, Public Services, Transportation	http://www.ccannj.com/	973-596-4100	590 North 7th Street, Newark, NJ 07107
Family Service Bureau	Mental Health	https://www.newcommunity.org/health-care-and-behavioral-health-services/family-service-bureau-of-newark/	201-246-8077	379 Kearny Avenue Kearny, NJ 07032
Garden State Episcopal Community Development, Inc.	Housing, Addiction Services, Food, Utilities Assistance	https://gsecdc.org/	201-604-2600	514 Newark Avenue, Jersey City, NJ 07306
Goodwill Rescue Mission	Food, Job Services, Clothing, Addiction Services, Housing	https://www.grmnewark.org/	973-621-9560	79 University Avenue, Newark, NJ 07102
H.I.G.H.W.A.Y.S.	Food, Clothes, Job Services, Mental Health	http://www.trinityparishbayonne.org/highways-social-services-and-thrift-store	201-471-2635	155 Broadway, Bayonne, NJ
Heightened Independence and Progress	Housing, Food, Health Services	https://www.hipcil.org/	201-533-4407	35 Journal Square Plaza, Suite #703 Jersey City, NJ 07306
Hoboken- Division of Senior Services	Health Services, Food, Transportation	https://www.hobokennj.gov/departments/health-and-human-services	94 Washington St, Hoboken, NJ 07030	201-420-2012
Hogar CREA: Jersey City Center	Addiction Services	https://www.hogarcreanj.org/locations	201-433-7040	79 Cornelison Avenue, Jersey City NJ 07304
Integrity House	Addiction Services, Mental Health	https://integrityhouse.org/	973-623-0600	595 County Avenue, Building 6, Secaucus, NJ

Inter-County Council on Drug/Alcohol Abuse	Addiction Services	http://www.iccdaa.org/	201-998-7422	480 Kearny Avenue, Kearny, NJ 07032
Jewish Family Service of MetroWest NJ	Food, Case Management, Mental Health	https://www.jfsmetrowest.org/	973-765-9050	256 Columbia Turnpike, Suite 105, Florham Park, NJ 07932
Kaleidoscope Health Care Inc.	Addiction Services	http://www.khcpmc.org/	201-451-5425	75 Harrison Avenue, Jersey City, NJ 07304
Liberty Family Success Center	Housing, Health Services	https://www.facebook.com/LibertyFamilySC/	201-622-2210	341 Kearny Avenue, Kearny, NJ 07032
MASSH, Medical and Social Services for the Homeless	Health Services, Mental Health, Case Management	https://www.rwjbh.org/jersey-city-medical-center/treatment-care/medical-and-social-services-for-the-homeless/	201-204-0004	1825 John F. Kennedy Blvd. Jersey City, NJ 07305
Mental Health Association of Hudson County	Mental Health	https://www.mhanj.org/hudson-county/	201-653-4700	35 Journal Square, Suite 831, Jersey City, NJ 07306
Metropolitan Family Health Network – Healthcare for Homeless Program	Health Services	https://www.metropolitanfh.com/services/homeless/	(M-F until 9 p.m.) 201-478-5827 (M-F after 9 p.m. or weekends) 201-478-5800	935 Garfield Avenue, Jersey City, New Jersey 07304
NJ Citizen Action	Tax Preparation, Health Services, Fair Housing Investigations, Financial Counseling, Housing Counseling	https://njcitizenaction.org/	973-643-8800	625 Broad Street, Suite 270, Newark, NJ 07102
New Pathway Counseling Services, Inc.	Addiction Services	https://newpathway.com/	201-436-1022	995 Broadway, Bayonne, NJ 07002
NewBridge Services	Housing, Mental Health	https://newbridge.org/	973-316-9333	1259 Rt. 46 East Building 2, Suite 100A, Parsippany, NJ 07054

NJ SHARES-HOPESCAP	Transportation, health Services, Utilities Services, Mental Health	201 Garden Street, Hoboken https://www.hopes.org/	1-855-OK-HOPES (1-855-654-6737)	301 Garden St, Hoboken, NJ 07030
PACO	Housing, Food, Health Services, Vocational Training, Support for public Services, Transportation	https://pacoagency.org/	201-963-8282	390 Manila Avenue Jersey City, NJ 07302
SERV Centers of NJ – Community Behavioral Health Services	Mental Health	https://www.servbhs.net/	973-594-0125	777 Bloomfield Ave. Clifton, New Jersey 07012
Spectrum Healthcare Inc	Addiction Services, Mental Health	http://www.spectruminc.org/	201-451-2544	74-80 Pacific Avenue Jersey City, NJ 07304
The House of Faith, Inc.	Housing, Mental Health	244 Ege Avenue, Jersey City (201) 435-6100 713 Washington Street, Hoboken (201) 946-9457		
Urban League of Hudson County	Housing, Health Services, Job Services, Mental Health Services, Childcare	253 Martin Luther King Drive, Jersey City http://www.ulohc.org/	201-451-8888	253 Martin Luther King Dr., Jersey City, NJ 07305
Urban Renewal Corporation	Housing, Legal Services, Case Management, Health Services, Job Services, Addiction Services	http://www.urbanrenewal.org/	973-522-0544	53 South Hackensack Avenue, Kearny, NJ 07032
Women Rising	Housing, Health Services, Job Services, Mental Health, Case Management	https://www.womenrising.org/	201-333-5700	270 Fairmount Ave. Jersey City, NJ 07306

Housing Resources

Organization	Resources	Website	Phone number	Location
Bayonne Family Community Center	Housing, Childcare	https://www.facebook.com/Bayonne-Family-	201-339-2330	259 Avenue E, Bayonne, NJ 07002

		Community-Center-165125993604169/		
Canaan House	Food, Housing, Health Services, Addiction Services, Mental Health, Case Management	http://www.ccannj.com/canaan_house.php	201-434-3939	590 N 7th St, Newark, NJ 07107
City of Jersey City – Division of Community Development	Housing	https://jerseycitynj.gov/cityhall/housinganddevelopment/communitydevelopment	201-547-6910	4 Jackson Square (39 Kearney Ave), Jersey City, NJ 07305
Covenant House	For Youth: Housing, Food, Clothing, Mental Health, Job Services	https://www.covenanthouse.org/homeless-shelters#newark	973-621-8705	330 Washington Street Newark, NJ 07102-2630
Department of Family Services	Housing	https://www.hcnj.us/family-services/	201-420-3000	257 Cornelison Ave, Jersey City, NJ 07302
Diocese of Newark - Catholic Charities	Housing, Health Services, Public Services, Transportation	http://www.ccannj.com/	973-596-4100	590 North 7th Street, Newark, NJ 07107
Franciska Residence	For men with HIV/AIDS: Housing, Case Management	http://www.ccannj.com/franciska_residence.php	201-653-3366	615 Grove Street, Jersey City, NJ 07301
Garden State Episcopal Community Development, Inc.	Housing, Addiction Services, Food, Utilities Assistance	https://gsecdc.org/	201-604-2600	514 Newark Avenue, Jersey City, NJ 07306
Goodwill Rescue Mission	Food, Job Services, Clothing, Addiction Services, Housing	https://www.grmnewark.org/	973-621-9560	79 University Avenue, Newark, NJ 07102
Habitat for Humanity Hudson County	Housing	https://www.habitatnewark.org/	973-624-3330	58 Park Pl, Newark, NJ 07102

Heightened Independence and Progress	Housing, Food, Health Services	https://www.hipcil.org/	201-533-4407	35 Journal Square Plaza, Suite #703 Jersey City, NJ 07306
Hoboken Community Centter	Housing, Food	https://www.hobokenccc.org/	201-963-4100	1301 Washington Street, Hoboken, NJ 07030
Hoboken Housing Authority	Housing	https://www.myhhanj.com/	201-798-0370	400 Harrison St, Hoboken, NJ 07030
Hope House	Housing	http://www.ccannj.com/hope_house.php	201-420-1070	246 Second Street, Jersey City, NJ 07302
Hudson County Welfare Agency	Welfare Support	http://www.hudsoncountynj.org/departement-of-family-services/	201-420-3000 ext. 2051	257 Cornelison Avenue, Jersey City, NJ 07302
Hudson County Division of Housing and Community Development	Housing	https://www.hcnj.us/housing-and-community-reintegration/housing-and-community-development/	201-547-6910	30 Montgomery St #404, Jersey City, NJ 07302
Jersey City Housing Authority	Housing	https://jerseycityha.org/	201-706-4600	400 US Highway 1, Marion Gardens Bldg 7, Jersey City, NJ 07306
Let's Celebrate	Housing, Food	https://rentassistance.org/program/lets_celebrate_jersey_city_nj.html	201-433-5438	46-48 Fairview Avenue Jersey City, NJ 07304
Liberty Family Success Center	Housing, Health Services	https://www.facebook.com/LibertyFamilySC/	201-622-2210	341 Kearny Avenue, Kearny, NJ 07032
Market Street Mission	Housing, Food, Clothing	https://www.marketstreet.org/	973-538-6337	9 Market Street Morristown, NJ 07960
Monarch Housing	Housing	https://monarchhousing.org/	908-272-5363	29 Alden St. Ste 1B, Cranford NJ, 07016

NJ Citizen Action	Tax Preparation, Health Services, Fair Housing Investigations, Financial Counseling, Housing Counseling	https://njcitizenaction.org/	973-643-8800	625 Broad Street, Suite 270, Newark, NJ 07102
Newark YMCA	Housing	https://www.newarkymca.org/	973-624-8900	600 Broad Street Newark, NJ 07102
NewBridge Services	Housing, Mental Health	https://newbridge.org/	973-316-9333	1259 Rt. 46 East Building 2, Suite 100A, Parsippany, NJ 07054
North Bergen Housing Authority	Housing	http://northbergenhousing.com/	201-868-8605	6121 Grand Avenue, North Bergen, NJ 07047
North Hudson Community Action Corp	Food, Housing, Job Services, Case Management	https://nhcac.org/	201-210-0200	Various locations
PACO	Housing, Food, Health Services, Vocational Training, Support for public Services, Transportation	https://pacoagency.org/	201-963-8282	390 Manila Avenue Jersey City, NJ 07302
Palisades Emergency Residence Corp (PERC)	Housing, Food	https://www.percshelter.org/	201-348-8150	111 37th Street, Union City, NJ 07302 (Food pantry and shelter) 108 36th Street, Union City, NJ 07087 (Main office)
Riverside Cares	Housing, Clothing	https://www.riversidechurchjc.org/	201-798-0642	317 Third Street, Jersey City, NJ 07302
Saint Joseph's Home/York Street Project	Housing, Food, Job Services, Mental Health, Case Management	https://yorkstreetproject.org/	201-451-9838	89 York Street, Jersey City, NJ 07302
St. Lucy's Shelter/St. Jude's Oasis	Housing	http://www.ccannj.com/stLucy.php/	201-656-7201	619 Grove Street, Jersey City, NJ 07310

St. Mary's Residence	Housing	https://yorkstreetproject.org/our-programs/st-marys-residence/	201.432.6289	89 York Street Jersey City, NJ 07302
St. Matthew Trinity Lutheran Church	Housing, Food	https://www.stmatthewtrinity.org/	201-659-4499	798 Hudson St, Hoboken, NJ 07030
Strong Futures	Housing	http://www.ccannj.com/strong_futures.php	201-864-2290	249 Virginia Avenue, Jersey City
The Waterfront Project	Housing, Legal Services	https://www.thewaterfrontproject.org/	551-256-757	The Waterfront Project, Inc., 830 Bergen Avenue, Suite 4A Jersey City, NJ 07306
Turning Point Community Services	Housing	https://tpcsinc.org/	973-374-7838	1011 Grove St, Irvington, NJ 07111
United Way of Hudson County	Housing	http://www.liveunitedhudson.org/	201-434-2625	900 Bergen Avenue, Suite 201 Jersey City, NJ 07306
Urban League of Hudson County	Housing, Health Services, Job Services, Mental Health Services, Childcare	http://www.ulohc.org/	201-451-8888	253 Martin Luther King Dr., Jersey City, NJ 07305
Urban Renewal Corporation	Housing, Legal Services, Case Management, Health Services, Job Services, Addiction Services	http://www.urbanrenewal.org/	973-522-0544	53 South Hackensack Avenue, Kearny, NJ 07032
Weehawken Housing Authority	Housing, Food	https://www.weehawken-nj.us/departments/housing-authority	201-319-6005	400 Park Avenue, Weehawken, NJ 07086
Women Rising	Housing, Health Services, Job Services, Mental Health, Case Management	https://www.womenrising.org/	201-333-5700	270 Fairmount Ave. Jersey City, NJ 07306
YMCA of Bayonne	Housing, Food	https://www.countyoffice.org/bayonne-ymca-bayonne-nj-5ef/	201-339-2330	259 Ave E, Bayonne, NJ 07002

Youth Consultation Service	Housing	https://www.essexresource.net.org/search/youth-consultation-service/	973-482-8411	284 Broadway, Newark, NJ 07104
-----------------------------------	---------	---------------------------------------------------------------------------------------------------------------------------------------------------------	--------------	--------------------------------

Legal & Financial Resources

Organization	Resources	Website	Phone number	Location
Bayonne Economic Opportunity Foundation	Food, Public Services, Legal Services	http://beof.org/	201-437-7222	555 Kennedy Boulevard Bayonne, NJ 07002
Community Center	Legal Services	https://ceusnj.org/	201-617-2466	4214 John F. Kennedy Blvd., Union City, NJ 07087
Community Health Law Project	Legal Services	http://www.chlp.org/	908-355-8282	65 Jefferson Avenue, Suite 402, Elizabeth, NJ 07201
Legal Services of Hudson County	Legal Assistance	https://www.northeastnjlegal services.org/	201-792-6363	574 Summit Ave., 2 nd Floor Jersey City, NJ 07306
NJ Citizen Action	Tax Preparation, Health Services, Fair Housing Investigations, Financial Counseling, Housing Counseling	https://njcitizenaction.org/	973-643-8800	625 Broad Street, Suite 270, Newark, NJ 07102
The Waterfront Project	Housing, Legal Services	https://www.thewaterfrontproject.org/	551-256-757	The Waterfront Project, Inc., 830 Bergen Avenue, Suite 4A Jersey City, NJ 07306

Resources for Families & Children

Organization	Resources	Website	Phone number	Location
2nd Floor Youth Helpline	24/7 Youth Helpline	https://www.2ndfloor.org/	1-888-222-2228	
Boys and Girls Club of Hudson County	Youth Activities, Health Services	https://www.bgchc.org/	201-333-4100	225 Morris Boulevard

				Jersey City New Jersey 07302
Hudson County Welfare Agency	Welfare Support	http://www.hudsoncountynj.org/department-of-family-services/	201-420-3000 ext. 2051	257 Cornelison Avenue, Jersey City, NJ 07302
North Hudson Community Action Corp	Food, Housing, Job Services, Case Management	https://nhcac.org/	201-210-0200	Various locations
PACO	Housing, Food, Health Services, Vocational Training, Support for public Services, Transportation	https://pacoagency.org/	201-963-8282	390 Manila Avenue Jersey City, NJ 07302
PerformCare	Youth up to age 21: Behavioral Health, Mental Health, Support Services	http://www.performcarenj.org/	1-877-652-7624	300 Horizon Drive Suite 306, Robbinsville, NJ 08691-1919
The Nurturing Place	Child Care	https://yorkstreetproject.org/our-programs/the-nurturing-place/	201-413-1982	89 York Street, Jersey City, NJ 07302
WIC- North Hudson	Food	https://nhcac.org/women-infants-and-children-wic/	201-866-4700 (Union City) 201-705-4054 (Harrison and Kearny)	407 39th St. Union City, NJ 07087 326 Harrison Ave, Harrison NJ 07029 645 Kearny Ave, Kearny, NJ 07032
Women Rising	Housing, Health Services, Job Services, Mental Health, Case Management	https://www.womenrising.org/	201-333-5700	270 Fairmount Ave. Jersey City, NJ 07306
York Street Project	Support Services	https://yorkstreetproject.org/	201-451-9838	89 York Street, Jersey City, NJ 07302

Resources for Seniors

Organization	Resources	Website	Phone number	Location
Hudson County Office on Aging	Support Services	https://www.hcnj.us/health-and-human-services/aging/	201-369-4313	830 Bergen Avenue 3B Jersey City, NJ 07306
Jewish Family Service of MetroWest NJ	Food, Case Management, Mental Health	https://www.jfsmetrowest.org/	973-765-9050	256 Columbia Turnpike, Suite 105, Florham Park, NJ 07932
North Hudson Community Action Corp	Food, Housing, Job Services, Case Management	https://nhcac.org/	201-210-0200	Various locations
PACO	Housing, Food, Health Services, Vocational Training, Support for public Services, Transportation	https://pacoagency.org/	201-963-8282	390 Manila Avenue Jersey City, NJ 07302
Urban League of Hudson County	Housing, Health Services, Job Services, Mental Health Services, Childcare	http://www.ulohc.org/	201-451-8888	253 Martin Luther King Dr., Jersey City, NJ 07305