

Middlesex County Resource Guide

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Food Resources				
Organization	Resource	Website	Phone number	Location
Abundant Life Christian Center, Living Waters	Food	https://www.njlifechurch.com/about	732-355-0225	2245 Route 130, Suite 101, Dayton, NJ 08810
Aldersgate Outreach Community Center	Food	https://www.aldersgateumc-eb.org/outreach-center.html	(732) 254-7361	562 Ryders Lane East Brunswick, NJ 08816
Bayard Street Presbyterian Church	Food	https://www.bayardstreetchurch.com	(732) 247-0384	107 Bayard Street, New Brunswick 08903
Calvary Chapel Old Bridge – Broken Loaves Food Pantry	Food	https://www.ccob.org/home	(732) 679-9222	123 White Oak Lane, Old Bridge 08857

Carteret Calvary Baptist Church Reflection of God the Way Ministry	Food	https://cbccarteret.com/	(732) 541-9169	38 McKinley Ave Carteret, NJ 07008
Catholic Charities Diocese of Metuchen	Housing, Food, Mental Health, Utilities Assistance, Clothing, Referrals	https://www.ccdom.org/contact-us	Various phone numbers	Various locations Admin office: 319 Maple St, Perth Amboy
Central Jersey Housing Resource	Housing counseling, outreach programs and services	https://cjhrc.org	908-446-0036	92 East Main Street, Suite 407 Somerville, NJ 08876
Church of the Sacred Heart	Food	https://www.churchofthesacredheart.net/	(908) 756-0633	149 South Plainfield Avenue, South Plainfield
Churches United for the People	Food, Mental Health	https://www.foodpantries.org/1/cup_churches_united_for_people_08884	(732) 251-2449	505 Main Street, Spotswood
Community Presbyterian Church	Food	https://cpcedison.org/food-pantry/	(732) 287-1666	75 Glenville Road, Edison, NJ 08817
Elijah's Promise	Food, Clothing	https://elijahspromise.org/	732-545-9002	Community Soup Kitchen: 18 Neilson Street, New Brunswick Admin: 211 Livingston Ave, New Brunswick, NJ 08901

Emanuel Lutheran Church	Food	https://www.facebook.com/people/Emanuel-Lutheran-Church/100066354828779/	(732) 545-2673	1 Kirkpatrick Street, New Brunswick
Faith Fellowship Community Development Corporation	Housing, Food		Business hours: (732) 727-9500 After hours: (732) 427-7049	2707 Main Street, Sayreville
First Presbyterian Church of Avenel	Food, Clothing	http://avenelpresbyterianchurch.org/	(732)-634-1631	621 East Woodbridge Avenue, Avenue
First Presbyterian Church of Cranbury Skeet's Pantry	Food	http://old.cranburypres.org/sketchspantry.html	(609) 395-0897	22 South Main Street, Cranbury
First Presbyterian Church of Iselin	Food	https://www.1stpresbyterianiselin.org/	(732) 283-1188	1295 Oaktree Road, Iselin
First Presbyterian Church of Metuchen	Food	https://fpcweb.org/	(732) 491-2300	270 Woodbridge Avenue, Metuchen
First Presbyterian Church of South Amboy	Food	http://www.fpcsachurch.org/food-pantry/	(732) 721-4516	150 North Broadway, South Amboy
First Presbyterian Church of Woodbridge	Food	http://www.fpcwoodbridgenj.org/	(732) 634-1024	600 Rahway Avenue, Woodbridge

Five Loaves Food Pantry	Food	http://www.collegeavecommunitychurch.com/5-loaves-food-pantry-cinco-panes-pantry-mercado/	(732) 545-0581	100 College Ave, New Brunswick
Hands of Hope Food Pantry	Food	https://www.hohnj.org/	732-236-3330	St. James Episcopal Church 2136 Woodbridge Ave, Edison
Metro Park A.G. Church	Food	https://ag.org/church?g=f47be40f-59b3-48c0-8eb6-675d7d53e6b9&d=False	732-283-3440	48 Berkley Boulevard, Iselin
New Brunswick Salvation Army	Housing, Food, Utilities Assistance, Health Services	https://easternusa.salvationarmy.org/new-jersey/		287 Handy Street, New Brunswick
New Life Food Pantry	Food	https://www.newlifefoodpantry.org/	732-521-0169	56 Main Street, Helmetta
Old Bridge Food Bank	Food	https://www.oldbridge.com/page/food-bank	732-721-5600 ext. 2022	1 Old Bridge Plaza, Old Bridge
Our Lady of Fatima Bread Of Life Food Pantry	Food	http://olfperthamboy.weebly.com/	(732) 442-6634	380 Smith Street, Perth Amboy
Plainsboro Township Food Pantry	Food	http://www.plainsboronj.com/242/Food-Pantry	609-799-0909 ext.1719	641 Plainsboro Road, Plainsboro

Presbyterian Church of Jamesburg – Deacon’s Food Pantry	Food	https://www.presbyteriachurchjamesburg.org/food-pantry	(732) 521-1711	175 Gatzmer Avenue, Jamesburg
Puerto Rican Action Board PRAB Headquarters	Housing, legal services, mental health, food, case management, weatherization	https://www.prab.org/	732-828-4510	90 Jersey Avenue, New Brunswick
Puerto Rican Association for Human Development	Housing, utilities assistance, food, clothing, job services, case management	https://www.prahd.org/	732-442-1081	100 First Street, Perth Amboy
Reformed Church of Highland Park Affordable Housing Corp	Housing, Food, Clothing	https://rchp-ahc.org/	(732) 249-7349	19 South 2nd Avenue, Highland Park
South Brunswick Food Pantry	Food, Housing	https://www.southbrunswicknj.gov/food-pantry	732-329-4000 ext. 7674	540 Ridge Road, Social Services Office, Monmouth Junction
South Plainfield – Social Services	Food, Job Services, Referrals	http://southplainfieldnj.com/spnj/Departments/Departments/Social%20Services%20-%20Welfare%20Department/	(908) 226-7625	90 Maple Avenue South Plainfield, New Jersey 07080
St. Alban’s Episcopal Church	Food	https://www.episcopalassetmap.org/dioceses/diocese-new-jersey/list/st-albans-episcopal-church	(732) 247-0808	148 Lee Avenue, New Brunswick

St. James the Less Church	Food	https://stjamesthelesschurch.org/	732-521-0100	36 Lincoln Avenue, Jamesburg
St. Lawrence Roman Catholic Church	Food	https://www.saintlawrencechurch.com/	732-566-1093	109 Laurence Parkway, Laurence Harbor
St. Mary's Food Pantry	Food	https://www.saintmarysa.org/food-pantry	732-721-7418	256 Augusta Street, South Amboy
St. Paul's Evangelical Lutheran Church	Food	https://www.stpauls-edison.org/food-pantry.html	(732) 287-0888	445 Old Post Road, Edison
St. Peter's Episcopal Church – Peter's Pantry	Food, Shelter	https://www.stpetersepiscopal.com/	732-826-1594	183 Rector Street, Perth Amboy
St. Vincent de Paul Society	Food		(732) 545-6701	18 Neilson St # 2, New Brunswick, NJ 08901
Suydam Street Reformed Church	Food	http://suydamstreetreformedchurch.org/	732-249-6803	74 Drift Street New Brunswick
The Crisis Room	Food, Clothing	https://www.middlesexresource.net.org/search/the-crisis-room-at-aldergate-umc/	(732) 257-9920	562 Ryders Ln, East Brunswick, NJ
The Sanctuary of North Brunswick - Hunger Eliminated by Local People (H.E.L.P)	Food	http://www.nbrcweb.org/food-bank.html	(732) 545-2736	17 Laurel Place, New Brunswick

The South River Food Bank	Food	https://www.southrivernj.org/316/Food-Bank	732-238-3020	48 Washington Street, South River, NJ 08882
Trinity Episcopal Church	Food	http://trinitywoodbridge.org/	732-634-7422	650 Rahway Avenue, Woodbridge
Vida Church	Food	https://www.vidachurchnj.com/	732-442-7980	189 Fayette St, Perth Amboy

Healthcare Resources				
Organization	Resource	Website	Phone number	Location
Catholic Charities Diocese of Metuchen	Housing, food, mental health, utilities assistance, clothing, referrals	https://www.ccdom.org/contact-us	Various phone numbers	Various locations
Churches United for the People	Food, Mental Health	https://improvingnj.org/our-work/		455 Main Street, Spotswood
Community Hope	Housing, mental health, referrals, veteran services	https://www.communityhope-nj.org/	(973) 463-9600	959 Route 46 East, Suite 402, Parsippany
Easter Seals	For those with Disabilities: Job Training, Health Services, Mental Services, Utilities Services	https://www.easterseals.com/nj/	732-257-6662	25 Kennedy Blvd., Suite 600 East Brunswick, NJ 08816

George J. Otlowski, Sr. Center for Mental Health Care	Mental Health, Addiction Services	https://www.middlesexcounty.nj.gov/government/departments/departments-of-community-services/george-j-otlowski-sr-center-for-mental-health-care	732-442-1666	570 Lee Street, Perth Amboy
Jewish Renaissance Foundation	Housing, job services, health services, referrals	https://www.jrfnj.org/	(732) 324-2114	1090 King Georges Post Road, Building 7, Suite 704 Edison, NJ 08837
Making It Possible to End Homelessness (MIPH)	Housing, case management, mental health, referrals	http://missionfirsthousing.org/miph/	(732) 729-7770	P.O. Box 1385 Highland Park, NJ - 08904
Middlesex County Department of Community Services	Mental Health	https://www.middlesexcounty.nj.gov/government/departments/departments-of-community-services	732-745-4230	Middlesex County Administration Building 2nd Floor, 75 Bayard Street, New Brunswick
Middlesex County Office of Health Services	Health Services	https://www.middlesexcounty.nj.gov/government/departments/departments-of-public-safety-and-health/office-of-health-services	732-745-3100	444 Hoes Lane, Building 6, Suite 201, Piscataway, NJ 08854
New Brunswick Salvation Army	Housing, food, utilities assistance, health services	https://easternusa.salvationarmy.org/new-jersey/		287 Handy Street, New Brunswick
Puerto Rican Action Board PRAB Headquarters	Housing, legal services, mental health, food, case management, weatherization	https://www.prab.org/	732-828-4510	90 Jersey Avenue, New Brunswick

United Way of Middlesex County	Housing (foreclosure prevention), health services	https://www.uwcj.org/	732.247.3727	32 Ford Avenue, Milltown
Women Aware, Inc.	For women victims of domestic violence: housing, mental health, legal services	https://womenaware.net/	732-249-4900	250 Livingston Avenue, New Brunswick

Housing Resources				
Organization	Resource	Website	Phone number	Location
Affordable Housing Alliance	Housing, Utilities Assistance	https://housingall.org/	732-389-2958	3535 Route 66, Parkway 100, Building 4, Neptune
Carteret Housing Authority	Housing	https://www.carteret.net/housing-authority/	(732) 541-6800	96 Roosevelt Avenue, Carteret
Catholic Charities Diocese of Metuchen	Housing, food, mental health, utilities assistance, clothing, referrals	https://www.ccdom.org/contact-us	Various phone numbers	Various locations
Central Jersey Housing Resource Services	Housing counseling, outreach services and programs	https://cjhrc.org	908-446-0036	92 East Main Street, Suite 407 Somerville, NJ 08869
Coming Home of Middlesex County, Inc.	Housing, referrals, case management	https://www.cominghomemiddlesex.org/	(732) 296-7975	75 Bayard Street, 2nd Floor, New Brunswick

Community Hope	Housing, mental health, referrals, veteran services	https://www.communityhope-nj.org/	(973) 463-9600	959 Route 46 East, Suite 402, Parsippany
Community Investment Strategies	Housing	https://www.communityinvestmentstrategies.com/	(609) 298-2229	1970 Brunswick Avenue, Suite 100, Lawrenceville
Cranbury Housing Associates	Housing	http://www.cranburyhousing.org/	609-786-1102	216 Rockingham Row, Princeton
East Brunswick Community Housing Corporation	Housing	https://www.eastbrunswick.org/450/East-Brunswick-Community-Housing-Corporation	732-390-6816	4 Harts Lane, East Brunswick, NJ 08816
Edison Housing Authority	Housing	https://edisonha.org/	908-561-2525	Robert E. Holmes Gardens 14 Rev. Samuel Carpenter Blvd, Edison
Habitat for Humanity of Greater Plainfield & Middlesex County	Housing	https://www.morrishabitat.org/greater-plainfield-middlesex-county	908-769-5292	2 Randolph Road, Plainfield
Highland Park Housing Authority	Housing	http://highlandparkhousing.org/	732-572-4420	242 South Sixth Avenue, Highland Park
Housing Authority of the City of Perth Amboy	Housing	http://www.perthamboyha.org/	732-826-3110	881 Amboy Avenue, Perth Amboy

Jewish Renaissance Foundation	Housing, job services, health services, referrals	https://www.jrfnj.org/	(732) 324-2114	1090 King Georges Post Road, Building 7, Suite 704 Edison, NJ 08837
Making It Possible to End Homelessness (MIPH)	Housing, case management, mental health, referrals	http://missionfirsthousing.org/miph/	609-373-8550	2042-48 Arch Street, 2nd Floor, Philadelphia, PA 19103
Manufactured Homeowners Association of New Jersey, Inc.	Housing	http://mhoanj.org/	(908) 294-1209	MHOA NJ, PO Box 104, Jackson NJ 08527
Middlesex County Division of Housing, Community Development & Social Services/Office of Veterans Services	Housing, Veteran Services	https://www.middlesexcounty.nj.gov/government/departments/departments-of-community-services/office-of-human-services/division-of-housing-community-development-and-social-services	732-745-3025	Middlesex County Administration Building 2nd Floor, 75 Bayard Street, New Brunswick
New Brunswick Housing Authority	Housing	https://newbrunswickhousing.org/	732.745.5157	7 Van Dyke Avenue, New Brunswick
New Brunswick Salvation Army	Housing, food, utilities assistance, health services	https://easternusa.salvationarmy.org/new-jersey/		287 Handy Street, New Brunswick

New Brunswick Tomorrow	Housing, Health, Referrals	https://www.nbtomorrow.org/?lang=en	732-246-0603	390 George Street, New Brunswick
New Jersey Citizen Action	Housing, health services, energy assistance	https://njcitizenaction.org/	(732) 246-4772	75 Raritan Avenue, Suite 200, Highland Park
New Jersey Community Capital	Housing	https://www.newjerseycommunitycapital.org/	732.640.2061	100 Albany Street, Suite 250, New Brunswick, NJ 08901
Old Bridge Housing Assistance	Housing	https://www.oldbridgehousing.com/	(732) 607-6383	2000 Route 18 North, Suite 100, Old Bridge
Ozanam Family Shelter	Housing	https://ccdom.org/middlesex-ozanam-family-shelter	732-985-0327	89 Truman Drive, Edison
Perth Amboy Salvation Army	Housing, emergency shelter (men), food, case management		732-826-7040	433 State Street, Perth Amboy
Puerto Rican Action Board PRAB Headquarters	Housing, legal services, mental health, food, case management, weatherization	https://www.prab.org/	732-828-4510	90 Jersey Avenue, New Brunswick
Puerto Rican Association for Human Development	Housing, utilities assistance, food, clothing, job services, case management	https://www.prahd.org/	732-442-1081	100 First Street, Perth Amboy
Reformed Church of Highland Park	Housing, Food, Clothing	https://rchp-ahc.org/	(732) 249-7349	19 South 2nd Avenue, Highland Park

Affordable Housing Corp				
Sayreville Housing Authority	Housing	https://sayrevilleha.org/	732-721-8400	650 Washington Road, Sayreville
Solutions To End Poverty Soon (STEPS)	Housing, utilities assistance, legal services	http://njsteps.org/		14 Clifton Avenue, Lakewood
South Amboy Housing Authority	Housing	https://www.southamboyhousing.com/	(732) 721-1831	250 South Broadway South Amboy
South Brunswick Food Pantry	Food, Housing	https://www.southbrunswicknj.gov/food-pantry	732-329-4000 ext. 7674	540 Ridge Road, Social Services Office, Monmouth Junction
Triple C Housing	Housing	https://www.triplechousing.org/	732.658.6636	1520 US 130, Suite 201, North Brunswick, NJ 08902
United Way of Middlesex County	Housing (foreclosure prevention), health services	https://www.uwcj.org/	732.247.3727	32 Ford Avenue, Milltown
Walters Group	Housing	https://www.waltersgroupapartments.com/		500 Barnegat Boulevard North, Building 100, Barnegat
Women Aware, Inc.	For women victims of domestic violence: housing, mental health, legal services	https://womenaware.net/	732-249-4900	250 Livingston Avenue, New Brunswick

Woodbridge Housing Authority	Housing	http://www.woodbridgehousingauthority.org/	732-634-2750	20 Bunns Lane, Woodbridge
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Legal & Financial Services				
Organization	Resource	Website	Phone number	Location
Central Jersey Legal Services – Perth Amboy Office	Legal Services	https://www.lsnj.org/cjls/	(732) 324-1613	313 State Street, Suite 308, Perth Amboy
Central Jersey Legal Services- New Brunswick Office	Legal Services	https://www.lsnj.org/cjls/index.htm	(732) 249-7600	317 George Street, Suite 201, New Brunswick
Puerto Rican Action Board PRAB Headquarters	Housing, legal services, mental health, food, case management, weatherization	https://www.prab.org/	732-828-4510	90 Jersey Avenue, New Brunswick
Solutions To End Poverty Soon (STEPS)	Housing, utilities assistance, legal services	http://njsteps.org/		14 Clifton Avenue, Lakewood
Women Aware, Inc.	For women victims of domestic violence: housing, mental health, legal services	https://womenaware.net/	732-249-4900	250 Livingston Avenue, New Brunswick

Resources for Families & Children

Organization	Resource	Website	Phone number	Location
Coming Home of Middlesex County, Inc.	Housing, Referrals, Case Management	https://www.cominghomemiddlesex.org/	(732) 296-7975	75 Bayard Street, 2nd Floor, New Brunswick
Community Hope	Housing, Mental Health, Referrals, Veterans Services	https://www.communityhope-nj.org/	(973) 463-9600	959 Route 46 East, Suite 402, Parsippany
Jewish Family Services of Middlesex County	Food, Job Services, Mental Health, Case Management, Referrals	https://jfsmiddlesex.org/	732-777-1940	219C Blackhorse Lane, North Brunswick, NJ 08902 1600 Perrineville Road, Suite 52, Monroe Township, NJ 08831
Middlesex County Dept. of Community Services	Community Services, Referrals	https://www.middlesexcounty.nj.gov/government/departments/departments-of-community-services	732-745-4230	Middlesex County Administration Building 2nd Floor, 75 Bayard Street, New Brunswick
Middlesex County Division of Housing, Community Development & Social Services/Veterans Services	Housing, Veteran Services	https://www.middlesexcounty.nj.gov/government/departments/departments-of-community-services/office-of-human-services/division-of-housing-community-development-and-social-services	732-745-3025	Middlesex County Administration Building 2nd Floor, 75 Bayard Street, New Brunswick

Jewish Renaissance Foundation	Housing, Job Services, Health Services, Referral	https://www.jrfnj.org/	(732) 324-2114	1090 King Georges Post Road, Building 7, Suite 704 Edison, NJ 08837
New Brunswick Tomorrow	Housing, Health, Referrals	https://www.nbtomorrow.org/?lang=en	732-246-0603	390 George Street, New Brunswick
Ozanam Family Shelter	Housing	https://ccdom.org/middlesex-ozanam-family-shelter	732-985-0327	89 Truman Drive, Edison
Puerto Rican Action Board (PRAB)	Housing, Legal Services, Mental Health, Food, Case Management, Weatherization	https://prab.org/	732-828-4510	90 Jersey Avenue, New Brunswick
Solutions to End Poverty Soon (STEPS)	Housing, Utilities Assistance, Legal Services	http://njsteps.org/		14 Clifton Avenue, Lakewood
United Way of Middlesex County	Housing (foreclosure prevention), Health Services	https://www.uwcj.org/	732.247.3727	32 Ford Avenue, Milltown
The Sanctuary of North Brunswick-Hunger Eliminated by Local People	Food	http://www.nbrweb.org/food-bank.html	(732) 545-2736	17 Laurel Place, North Brunswick
Triple C Housing	Housing	https://www.triplehousing.org/	732.658.6636	1520 US 130, Suite 201, North Brunswick, NJ 08902

Women Aware, Inc.	For Women of Domestic Violence: Housing, Mental Health, Legal Services	https://womenaware.net/	732-249-4900	250 Livingston Avenue, New Brunswick
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Resources for Seniors				
Organization	Resource	Website	Phone number	Location
Coming Home of Middlesex County, Inc.	Housing, Referrals, Case Management	https://www.cominghomemiddlesex.org/	(732) 296-7975	75 Bayard Street, 2nd Floor, New Brunswick
Community Hope	Housing, Mental Health, Referrals, Veterans Services	https://www.communityhope-nj.org/	(973) 463-9600	959 Route 46 East, Suite 402, Parsippany
Jewish Family Services of Middlesex County	Food, Job Services, Mental Health, Case Management, Referrals	https://jfsmiddlesex.org/	732-777-1940	219C Blackhorse Lane, North Brunswick, NJ 08902 1600 Perrineville Road, Suite 52, Monroe Township, NJ 08831
Middlesex County Dept. of Community Services	Community Services, Referrals	https://www.middlesexcounty.nj.gov/government/departments/departments-of-community-services	732-745-4230	Middlesex County Administration Building 2nd Floor, 75 Bayard Street, New Brunswick

Middlesex County Division of Housing, Community Development & Social Services/Veterans Services	Housing, Veteran Services	https://www.middlesexcounty.nj.gov/government/departments/departments-of-community-services/office-of-human-services/division-of-housing-community-development-and-social-services	732-745-3025	Middlesex County Administration Building 2nd Floor, 75 Bayard Street, New Brunswick
Jewish Renaissance Foundation	Housing, Job Services, Health Services, Referral	https://www.jrfnj.org/	(732) 324-2114	1090 King Georges Post Road, Building 7, Suite 704 Edison, NJ 08837
New Brunswick Tomorrow	Housing, Health, Referrals	https://www.nbtomorrow.org/?lang=en	732-246-0603	390 George Street, New Brunswick
Puerto Rican Action Board (PRAB)	Housing, Legal Services, Mental Health, Food, Case Management, Weatherization	https://prab.org/	732-828-4510	90 Jersey Avenue, New Brunswick
Solutions to End Poverty Soon (STEPS)	Housing, Utilities Assistance, Legal Services	http://njsteps.org/		14 Clifton Avenue, Lakewood
United Way of Middlesex County	Housing (foreclosure prevention), Health Services	https://www.uwcj.org/	732.247.3727	32 Ford Avenue, Milltown
The Sanctuary of North Brunswick-Hunger Eliminated by Local People	Food	http://www.nbrweb.org/food-bank.html	(732) 545-2736	17 Laurel Place, New Brunswick

Triple C Housing	Housing	https://www.triplehousing.org/	732.658.6636	1520 US 130, Suite 201, North Brunswick, NJ 08902
Middlesex County Office of Aging and Disabled Services	Senior Centers, Food, Health Services, Utilities Assistance, Transportation, Referrals	https://www.middlesexcounty.nj.gov/government/departments/departments-of-community-services/office-of-aging-and-disabled-services		Middlesex County Administration Building 5th floor, 75 Bayard Street, New Brunswick